

Handout 5.4: Reflection on “Practical Strategies for Teaching Social Emotional Skills”

Stages of Teaching Social Skills

Stage 1: Show and Tell

Introduce the new skill through a variety of methods and tools.

Stage 2: Practice Makes Perfect: Provide opportunities through planned and unscripted activities so that children can master the new skill through practice and varying levels of support.

Stage 3: You Got It!

Recognize children for using the skill on their own. Be sure to acknowledge when children show the ability to apply the skill in new situations or when circumstances made it especially challenging to apply the skill.

Examples of . . .

- **Direct Teaching**

- **Indirect Teaching**

- **Use of Games and Songs**

- **Anger Management techniques**

- **Problem Solving techniques**